



## Trip Plan

### Mooloolaba - Mudjimba - Mooloolaba

29 April 2017 (Grade 2)

Grade 2 trip leader assessment paddle

<b>Trip Leader:</b>	Justin Greger
<b>Trip Leader Qualification:</b>	Not Yet Qualified. (Tony Hirst assessor)
<b>Phone:</b>	0409 109 349
<b>Email:</b>	<a href="mailto:justin@sweatmonkey.com.au">justin@sweatmonkey.com.au</a>
<b>Contact Requirements:</b>	Participants <b>must</b> register their interest prior to the event, and provide the Trip Leader with a contact number. <a href="http://qldseakayak.canoe.org.au/">http://qldseakayak.canoe.org.au/</a>
<b>Register by:</b>	26 April 2017
<b>Date of trip:</b>	29 April 2017
<b>Grade of Trip:</b>	2
<b>Event Environment:</b>	Ocean Surf
<b>Brief Description of Activities:</b>	<b>QSKC follows the Australian Canoeing Minimal Environmental Impact Practices Guideline. Refer to Club Policies on the QSKC website for further details.</b> Tony Has kindly offered to assess Justin as a Grade 2 trip leader. For this assessment we will launch at Mooloolaba for a paddle to Mudjimba Island and return (approx 15Km). The paddle will include a surf launch and exit. Additionally, we will have time to practise our surfing, rolling and deep water rescue.
<b>Meeting Time:</b>	6:00am
<b>Meeting Place:</b>	Urunga Esplanade Mooloolaba
<b>Departure Time:</b>	6:30am
<b>Duration:</b>	5hrs. Start 06:30 - Finish 11:30
<b>Distance:</b>	15Km
<b>Tide Information:</b>	Low 04:11      Low 16:05 High 10:02      High 22:41

<b>Suggested Equipment:</b>	<b>Required equipment</b>		<b>Recommended equipment</b>	
	<ul style="list-style-type: none"> <li>Sea Kayak with deck lines, enclosed cockpit and spray skirt</li> <li>Sponge Bailer</li> <li>Paddle, Suitable Life Jacket</li> <li>Helmet</li> <li>Water (sufficient for the paddle duration)</li> <li>Sunscreen, Hat, Sunglasses</li> <li>Whistle (Pealess)</li> </ul>		<ul style="list-style-type: none"> <li>Spare Paddle (minimum of one in the group)</li> <li>Tow Line</li> <li>Paddle Leash</li> <li>Nourishment for duration of trip</li> <li>Shoes suitable for paddling, swimming and walking on rocks</li> </ul>	
<b>Alternate course and take out points:</b>	<b>Paddlers Requirements</b>			
	<i>Grade two Paddle only.</i>			
<b>Identified hazards:</b>	Emergency beach landings on surf beach if necessary			
	<b>drowning</b>	hypothermia	<b>dehydration/hyperthermia</b>	<b>surf</b>
	<b>equipment failure</b>	<b>weather change</b>	<b>stingers &amp; bites</b>	<b>capsize at sea</b>
	exhaustion & fear	<b>group spread</b>	<b>sea sickness</b>	separation at sea
	crocodiles	shipping lanes	<b>rocks &amp; gauntlets</b>	<b>boat traffic</b>
	fatigue	sea caves	land fauna	rough seas
marine life	medical conditions	sunburn	<b>paddle related injuries</b>	
.....	.....	.....	.....	
<b>QSKC Risk Management Policy</b>	I have consulted the QSKC Risk Management Policy with regards to the management of the hazards identified above: x			
<b>Emergency Rescue Contact:</b>	<b>QF6 Mooloolaba Coast Guard</b> <b>Phone: (07) 5444 3222</b> 27.88 & 27.90 VHF 16, 21, 67, 73, 80 All of these channels are monitored from 06:00 to 22:00 365/366 days per year. After 22:00 through to 06:00 next day only VHF 16 is monitored.			
<b>Communication:</b>	<b>Mobile</b>	VHF Radio	<b>whistle</b>	
<b>Safety equipment:</b>	EPIRB/PLB	signal mirror	flares	torch/glow stick
	<b>spare paddle</b>	<b>tow line</b>	repair kit	<b>first aid kit</b>
<b>Check of other paddlers equipment:</b>	<b>suitability of craft</b>	<b>spray skirt</b>	<b>Life Jacket (L50)</b>	<b>paddle leash</b>
	<b>bailing device</b>	<b>medication</b>	<b>water</b>	<b>footwear</b>

**Map:**

