



## Trip Plan

### Wellington Point to Green island (Grade 1) 28<sup>th</sup> May 2017

|   |  |   |
|---|--|---|
| <b>Trip Leader:</b>                     | Kaye Watson  |   |
| <b>Trip Leader Qualification:</b>       | <input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> (Sea Guide) <input type="checkbox"/> (Instructor)  |   |
| <b>Phone:</b>                           | 0438088078   |   |
| <b>Email:</b>                           | Kayewatson1@optusnet.com.au  | [Insert picture here – try to keep picture around the same size of this box]  |
| <b>Contact Requirements:</b>            | Participants <b>must</b> register their interest prior to the event, and provide the Trip Leader with a contact number.<br>Please contact trip leader if in doubt, the paddle may change due to the weather conditions.  |   |
| <b>Register by:</b>                     | 27 <sup>th</sup> May 2017  |   |
| <b>Date of trip:</b>                    | 28 <sup>th</sup> May 2017  |   |
| <b>Grade of Trip:</b>                   | <input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 [double-click relevant box – change default value]   |   |
| <b>Event Environment:</b>               | <input type="checkbox"/> Dam <input type="checkbox"/> Lake <input type="checkbox"/> Creek <input type="checkbox"/> River<br><input type="checkbox"/> Estuary <input checked="" type="checkbox"/> Bay <input type="checkbox"/> Ocean <input type="checkbox"/> Surf  |   |
| <b>Brief Description of Activities:</b> | <p><b>QSKC follows the Australian Canoeing Minimal Environmental Impact Practices Guideline. Refer to Club Policies on the QSKC website for further details.</b></p> <p>We will meet at Wellington Point at 7:30 and be ready to be on the water at 8:00am. We will proceed to circumnavigate Green Island with a short break on the beach for morning tea, before heading back to Wellington point.</p> |   |
| <b>Meeting Time:</b>                    | Meet at 7:30   |   |
| <b>Meeting Place:</b>                   | Wellington Point Recreation Reserve Main Road  |   |
| <b>Departure Time:</b>                  | 8:00am   |   |
| <b>Duration:</b>                        | Approx. 4.5 Hours  |   |
| <b>Distance:</b>                        | Approx. 15 Km  |   |
| <b>Tide Information:</b>                | low tide 4:51am 0.07m<br>high tide 10:39 am 1.76m  |   |
| <b>Suggested Equipment:</b>             | <p><b>Required equipment</b></p> <p><small>[Indicate required and recommended equipment to be carried by each paddler, specific to the grade of the paddle and expected conditions – refer to club website]</small></p> <ul style="list-style-type: none"> <li>• Sea Kayak with deck lines, enclosed cockpit and spray skirt</li> <li>• Life jacket (Australian Standard)</li> <li>• Bailer</li> </ul>   | <p><b>Recommended equipment</b></p> <ul style="list-style-type: none"> <li>• 2 litres water</li> <li>• Sunscreen /appropriate clothing and footwear</li> <li>• Morning tea or snacks</li> </ul> |
|   | <p><b>Paddlers Requirements</b></p> <p><i>New members of QSKC are required to attend an AC Basic Skills Award day prior to their first paddle, or hold equivalent AC qualifications.</i></p> <p>Refer to grade 1 requirements on the web site. Paddlers should self assess their ability to participate and contact the trip leader if they wish to discuss any aspects.</p>                             |   |

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| <b>Alternate course and take out points:</b> | Return to Wellington Point, Manly or Wynnum   |  |   |   |
| <b>Identified hazards:</b>                   | <input checked="" type="checkbox"/> drowning  | <input checked="" type="checkbox"/> hypothermia    | <input type="checkbox"/> dehydration/hyperthermia     | <input type="checkbox"/> surf                               |
|  | <input checked="" type="checkbox"/> equipment failure   | <input checked="" type="checkbox"/> weather change | <input type="checkbox"/> stingers & bites             | <input type="checkbox"/> capsize at sea                     |
|  | <input type="checkbox"/> exhaustion & fear  | <input checked="" type="checkbox"/> group spread   | <input type="checkbox"/> sea sickness                 | <input type="checkbox"/> separation at sea                  |
|  | <input type="checkbox"/> crocodiles   | <input type="checkbox"/> shipping lanes            | <input type="checkbox"/> rocks & gauntlets            | <input checked="" type="checkbox"/> boat traffic            |
|  | <input checked="" type="checkbox"/> fatigue   | <input type="checkbox"/> sea caves                 | <input type="checkbox"/> land fauna                   | <input type="checkbox"/> rough seas                         |
|  | <input type="checkbox"/> marine life  | <input type="checkbox"/> medical conditions        | <input type="checkbox"/> sunburn                      | <input checked="" type="checkbox"/> paddle related injuries |
|  | <input type="checkbox"/> .....  | <input type="checkbox"/> .....                     | <input type="checkbox"/> .....                        | <input type="checkbox"/> .....                              |
| <b>QSKC Risk Management Policy</b>           | I have consulted the QSKC Risk Management Policy with regards to the management of the hazards identified above: <input checked="" type="checkbox"/> (Tick box) |  |   |   |
| <b>Emergency Rescue Contact:</b>             | [The name and number of nearest rescue contact i.e. VMR]  |  |   |   |
| <b>Communication:</b>                        | <input checked="" type="checkbox"/> Mobile  | <input checked="" type="checkbox"/> VHF Radio      | <input checked="" type="checkbox"/> whistle           |   |
| <b>Safety equipment:</b>                     | <input type="checkbox"/> EPIRB/PLB  | <input type="checkbox"/> signal mirror             | <input type="checkbox"/> flares                       | <input type="checkbox"/> torch/glow stick                   |
|  | <input checked="" type="checkbox"/> spare paddle  | <input checked="" type="checkbox"/> tow line       | <input checked="" type="checkbox"/> repair kit        | <input checked="" type="checkbox"/> first aid kit           |
| <b>Check of other paddlers equipment:</b>    | <input checked="" type="checkbox"/> suitability of craft  | <input checked="" type="checkbox"/> spray skirt    | <input checked="" type="checkbox"/> Life Jacket (L50) | <input checked="" type="checkbox"/> paddle leash            |
|  | <input checked="" type="checkbox"/> bailing device  | <input checked="" type="checkbox"/> medication     | <input checked="" type="checkbox"/> water             | <input checked="" type="checkbox"/> footwear                |
| <b>Map:</b>                                  | [Insert graphic of map]   |  |   |   |

