



Trip Plan

Noosa River and Headlands (Grade 2)

Sunday August 27 2017

Start in calm waters of Noosa Sound then out to sea and around the headlands of Noosa National Park

Trip Leader:	Dean McMaster	
Trip Leader Qualification:	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> (Sea Guide) <input type="checkbox"/> Under supervision of sea instructor	
Phone:	0428447944	
Email:	dea_nat@bigpond.com	
Contact Requirements:	Participants must register their interest prior to the event, and provide the Trip Leader with a contact number.	
Register by:	26/8/2017	
Date of trip:	27/8/ 2017	
Grade of Trip:	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3 [double-click relevant box – change default value]	
Event Environment:	<input type="checkbox"/> Dam <input type="checkbox"/> Lake <input type="checkbox"/> Creek <input type="checkbox"/> River <input checked="" type="checkbox"/> Estuary <input checked="" type="checkbox"/> Bay <input checked="" type="checkbox"/> Ocean <input checked="" type="checkbox"/> Surf	
Brief Description of Activities:	<p>QSKC follows the Australian Canoeing Minimal Environmental Impact Practices Guideline. Refer to Club Policies on the QSKC website for further details.</p> <p>Participants meet at Noosa Lions Park for vessel checks and revision of basic skills. Practice rescues and basic strokes. Revision of COLREGS (collision regulations) Then dependent on group capability paddle to Noosa Bar for crossing to Ocean and paddle to Hells Gates or Sunshine Beach. If seas too big and group competency not up to bar crossing, group can portage from Noosa Woods enclosed waters approx 500m to Noosa Groyne and launch in usually small surf from there.</p>	
Meeting Time:	7.30 am the early you get to Noosa the more chance of getting a park if participants want an earlier start can be arranged	
Meeting Place:	Noosa lions park corner Noosa Parade and Noosa Drive just short of Hastings Street – car park has toilets and showers and is usual start point of the Noosa Triathlon (don't confuse with Gympie Tce Lions Park). Opposite Whitta circuit as per attached map and indicated by green shaded area.	
Departure Time:	NLT 7.30 am	
Duration:	7.30am – 2.30 pm	
Distance:	20km	

Tide Information:	<ul style="list-style-type: none"> • Sun 27th <ul style="list-style-type: none"> • 05:24 am 0.49m • 11:46 am 1.54m • 17:49 pm 0.72m • 23:43 pm 1.49m 			
Suggested Equipment:	Required equipment <ul style="list-style-type: none"> • Sea Kayak with deck lines, enclosed cockpit and spray skirt • Pump • Paddle float • Spare paddle • Personal medication 		Recommended equipment <ul style="list-style-type: none"> • Towing setup • Water/lunch/sunscreen • Goggles/facemask • Hats • Enclosed shoes 	
Alternate course and take out points:	Paddlers Requirements <i>New members of QSKC are required to attend an AC Basic Skills Award day prior to their first paddle, or hold equivalent AC qualifications.</i> This is listed as a grade 2 paddle so paddlers should be proficient to that level			
Identified hazards:	Any place within Noosa Sound is protected waters. Once outside the bar or on ocean there are several protected bays on the Noosa Headland where kayakers can seek shelter or pull boats out. E.g. Main Beach, Tea Tree ,Granite Bay, Little Cove or First Bay. If sea is too big then kayakers will remain within compounds of Noosa Sound – the bar may be approached and smaller waves accessed for surf practice without the need to enter the bar proper with shallow sandy spits to use as rescue points. Alternate portage over to First Groyne if bar considered to dangerous for protected surf launch. Portage of about 800m.			
QSKC Risk Management Policy	<input checked="" type="checkbox"/> drowning <input type="checkbox"/> hypothermia <input checked="" type="checkbox"/> dehydration/hyperthermia <input checked="" type="checkbox"/> surf <input checked="" type="checkbox"/> equipment failure <input checked="" type="checkbox"/> weather change <input checked="" type="checkbox"/> stingers & bites <input checked="" type="checkbox"/> capsize at sea <input checked="" type="checkbox"/> exhaustion & fear <input checked="" type="checkbox"/> group spread <input checked="" type="checkbox"/> sea sickness <input checked="" type="checkbox"/> separation at sea <input type="checkbox"/> crocodiles <input type="checkbox"/> shipping lanes <input checked="" type="checkbox"/> rocks & gauntlets <input checked="" type="checkbox"/> boat traffic <input checked="" type="checkbox"/> fatigue <input checked="" type="checkbox"/> sea caves <input type="checkbox"/> land fauna <input checked="" type="checkbox"/> rough seas <input checked="" type="checkbox"/> marine life <input checked="" type="checkbox"/> medical conditions <input checked="" type="checkbox"/> sunburn <input checked="" type="checkbox"/> paddle related injuries <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
Emergency Rescue Contact:	I have consulted the QSKC Risk Management Policy with regards to the management of the hazards identified above: <input checked="" type="checkbox"/> (Tick box)			
Communication:	<ul style="list-style-type: none"> • Noosa coast Guard or Mooloolaba Coast Guard 27.88 & 27.90 • VHF 16, 21, 67, 73, 80 • All of these channels are monitored from 06:00 to 22:00 365/366 days per year. • After 22:00 through to 06:00 next day only VHF 16 is monitored. Phone: (07) 5474 3695 Fax: (07) 5474 1366 Alternate phone: (07) 5474 7670			
Safety equipment:	<input checked="" type="checkbox"/> Mobile <input checked="" type="checkbox"/> VHF Radio <input checked="" type="checkbox"/> whistle <input checked="" type="checkbox"/> EPIRB/PLB <input checked="" type="checkbox"/> signal mirror <input checked="" type="checkbox"/> flares <input checked="" type="checkbox"/> torch/glow stick			

Check of other paddlers equipment:	<input checked="" type="checkbox"/> spare paddle	<input checked="" type="checkbox"/> tow line	<input checked="" type="checkbox"/> repair kit	<input checked="" type="checkbox"/> first aid kit
	<input checked="" type="checkbox"/> suitability of craft	<input checked="" type="checkbox"/> spray skirt	<input checked="" type="checkbox"/> Life Jacket (L50)	<input type="checkbox"/> paddle leash
	<input checked="" type="checkbox"/> bailing device	<input checked="" type="checkbox"/> medication	<input checked="" type="checkbox"/> water	<input checked="" type="checkbox"/> footwear

Map:

