

Trip Plan

Australia Day Paddle to Saint Helena Island

Friday the 26th January 2018

Waterloo Bay

Trip Leader:	Ian Narborough	
Trip Leader Qualification:	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> (Sea Guide) <input type="checkbox"/> (Instructor)	
Phone:	0418789499	
Email:	incan@bigpond.com	
Contact Requirements:	<p>Participants must register their interest prior to the event, and provide the Trip Leader with a contact number.</p> <p>Please contact the trip leader if in doubt. If conditions look unfavourable please check email or contact the trip leader.</p>	
Register by:	25 th January 2018	
Date of trip:	Friday 26 th January 2018	
Grade of Trip:	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3	
Event Environment:	<input type="checkbox"/> Dam <input type="checkbox"/> Lake <input type="checkbox"/> Creek <input type="checkbox"/> River <input type="checkbox"/> Estuary <input checked="" type="checkbox"/> Bay <input type="checkbox"/> Ocean <input type="checkbox"/> Surf	
Brief Description of Activities:	<p>QSKC follows the Australian Canoeing Minimal Environmental Impact Practices Guideline. Refer to Club Policies on the QSKC website for further details.</p> <p>Come join Cathy and I for an Australia Day paddle to St Helena Island. Bring your Trangia/stove and a good Aussie breakfast to enjoy at this historical location.</p> <p>We will be leaving from Manly Boat Harbour and will cross Waterloo Bay to the Jetty on the south west corner of Saint Helena Island.</p>	
Meeting Time:	6.30 am	
Meeting Place:	The northern boat ramp next to the Queensland Boating Patrol, Fairlead Crescent Manly.	
Departure Time:	7.00 am	
Duration:	Approx 4 1/2 Hours	
Distance:	Approx 16 Km.	
Tide Information:	High Tide: 4.25 am 2.00 Meters Low Tide: 10.32 am 0.84 Meters	
Suggested Equipment:	Required equipment <ul style="list-style-type: none"> Sea Kayak with deck lines, enclosed cockpit and spray skirt Australian or NZ standards approved PFD Sponge Bailer 	Recommended equipment <ul style="list-style-type: none"> Minimum of 2 Litres of water. Sun Protective Clothing & Sunscreen. Insect Repellent. Footwear suitable for paddling. Food / Nourishment for duration of trip.



Alternate course and take out points:	Paddlers Requirements			
	<p><i>New members of QSKC are required to attend an AC Basic Skills Award day prior to their first paddle, or hold equivalent AC qualifications.</i></p> <p>Paddlers should have an appropriate level of fitness. Individuals must self-assess their, and their equipment's, ability to participate in this level club event and should consult the trip Leader if any aspect of their suitability requires clarification.</p>			
Identified hazards:	Return to Manly, Wynnum or Wellington Point.			
	<input checked="" type="checkbox"/> drowning <input checked="" type="checkbox"/> equipment failure <input type="checkbox"/> exhaustion & fear <input type="checkbox"/> crocodiles <input checked="" type="checkbox"/> fatigue <input checked="" type="checkbox"/> marine life <input type="checkbox"/>	<input type="checkbox"/> hypothermia <input checked="" type="checkbox"/> weather change <input checked="" type="checkbox"/> group spread <input type="checkbox"/> shipping lanes <input type="checkbox"/> sea caves <input checked="" type="checkbox"/> medical conditions <input type="checkbox"/>	<input checked="" type="checkbox"/> dehydration/hyperthermia <input checked="" type="checkbox"/> stingers & bites <input type="checkbox"/> sea sickness <input type="checkbox"/> rocks & gauntlets <input type="checkbox"/> land fauna <input checked="" type="checkbox"/> sunburn <input type="checkbox"/>	<input type="checkbox"/> surf <input type="checkbox"/> capsize at sea <input type="checkbox"/> separation at sea <input checked="" type="checkbox"/> boat traffic <input type="checkbox"/> rough seas <input checked="" type="checkbox"/> paddle related injuries <input type="checkbox"/>
QSKC Risk Management Policy	I have consulted the QSKC Risk Management Policy with regards to the management of the hazards identified above: <input checked="" type="checkbox"/> (Tick box)			
Emergency Rescue Contact:	Volunteer Coast Guard Manly VMR402, Frequencies monitored VHF 16, 67, and 73 Ph: 3396 5911			
Communication:	<input checked="" type="checkbox"/> Mobile	<input checked="" type="checkbox"/> VHF Radio	<input checked="" type="checkbox"/> whistle	
Safety equipment:	<input type="checkbox"/> EPIRB/PLB	<input checked="" type="checkbox"/> signal mirror	<input type="checkbox"/> flares	<input type="checkbox"/> torch/glow stick
	<input checked="" type="checkbox"/> spare paddle	<input checked="" type="checkbox"/> tow line	<input checked="" type="checkbox"/> repair kit	<input checked="" type="checkbox"/> first aid kit
Check of other paddlers equipment:	<input checked="" type="checkbox"/> suitability of craft	<input checked="" type="checkbox"/> spray skirt	<input checked="" type="checkbox"/> Life Jacket (L50)	<input checked="" type="checkbox"/> paddle leash
	<input checked="" type="checkbox"/> bailing device	<input checked="" type="checkbox"/> medication	<input checked="" type="checkbox"/> water	<input checked="" type="checkbox"/> footwear



Map:

