


Trip Plan Currumbin Ocean Paddle

10 March 2018

Grade 2 QSKC Paddle

Trip Leader:	Justin Greger		
Trip Leader Qualification:	G2		
Phone:	0409 109 349		
Email:	justin@sweatmonkey.com.au		
Contact Requirements:	Participants must register their interest prior to the event, and provide the Trip Leader with a contact number. http://qldseakayak.canoe.org.au/		
Register by:	08 March 2018		
Date of trip:	10 March 2018		
Grade of Trip:	2		
Event Environment:	Ocean Surf		
Brief Description of Activities:	<p>QSKC follows the Australian Canoeing Minimal Environmental Impact Practices Guideline. Refer to Club Policies on the QSKC website for further details.</p> <p>We will launch at Currumbin for a paddle to Cook Island and return (approx 30Km). The paddle will include a surf launch and exit. We will practice surf skills at Currumbin or Kirra Beach. Set aside a day for this paddle if you would like to play longer in the surf.</p>		
Meeting Time:	5:45am		
Meeting Place:	Winders Park on Duringan Street next to Currumbin Creek.		
Departure Time:	6:30am		
Duration:	6hrs. Start 06:30 - Finish 12:30		
Distance:	30Km		
Tide Information:	High 02:50 (1.26) High 14:53 (0.95) Low 09:27 (0.58) Low 20:39 (0.51)		
Suggested Equipment:	<p>Required equipment</p> <ul style="list-style-type: none"> Sea Kayak with deck lines, enclosed cockpit and spray skirt Sponge Bailer Paddle, Suitable Life Jacket Helmet Water (sufficient for the paddle duration) Sunscreen, Hat, Sunglasses Whistle (Pealess) 	<p>Recommended equipment</p> <ul style="list-style-type: none"> Spare Paddle (minimum of one in the group) Tow Line Paddle Leash Nourishment for duration of trip Shoes suitable for paddling, swimming and walking on rocks 	
	<p>Paddlers Requirements</p> <p>Grade two Paddle only.</p>		

Alternate course and take out points:	Emergency beach landings on surf beach if necessary			
Identified hazards:	drowning	hypothermia	dehydration/hyperthermia	surf
	equipment failure	weather change	stingers & bites	capsize at sea
	exhaustion & fear	group spread	sea sickness	separation at sea
	crocodiles	shipping lanes	rocks & gauntlets	boat traffic
	fatigue	sea caves	land fauna	rough seas
	marine life	medical conditions	sunburn	paddle related injuries

QSKC Risk Management Policy	I have consulted the QSKC Risk Management Policy with regards to the management of the hazards identified above: x			
Emergency Rescue Contact:	Currumbin VMR (C/S VMR 420) Phone: (07) 5534 1000 27Mhz 88 & 91 VHF 16, 67, 73 These channels are monitored from 05:00 to 12:30			
Communication:	Mobile	VHF Radio	whistle	
Safety equipment:	EPIRB/PLB	signal mirror	flares	torch/glow stick
	spare paddle	tow line	repair kit	first aid kit
Check of other paddlers equipment:	suitability of craft	spray skirt	Life Jacket (L50)	paddle leash
	bailing device	medication	water	footwear

