

Trip Plan

Mooloolaba - Mudjimba (Old Woman Island) - Mooloolaba

06 August 2017

Grade 2 QSKC Paddle

Trip Leader:	Justin Greger	
Trip Leader Qualification:	G2	
Phone:	0409 109 349	
Email:	justin@sweatmonkey.com.au	
Contact Requirements:	Participants must register their interest prior to the event, and provide the Trip Leader with a contact number. http://qldseakayak.canoe.org.au/	
Register by:	08 February 2018	
Date of trip:	10 February 2018	
Grade of Trip:	2	
Event Environment:	Ocean Surf	
Brief Description of Activities:	<p>QSKC follows the Australian Canoeing Minimal Environmental Impact Practices Guideline. Refer to Club Policies on the QSKC website for further details.</p> <p>We will launch at Mooloolaba for a paddle to Mudjimba Island and return (approx 15Km). The paddle will include a surf launch and exit. Additionally, we will have time to practise our surfing, rolling and deep water rescue.</p>	
Meeting Time:	5:45am	
Meeting Place:	Parking Lot Opposite Yacht Club, Parkyn Parade, Mooloolaba	
Departure Time:	6:30am	
Duration:	5hrs. Start 06:30 - Finish 11:30	
Distance:	15Km	
Tide Information:	High 04:49 (1.53) High 16:34 (1.21) Low 11:15 (0.76) Low 22:45 (0.54)	
Suggested Equipment:	<p>Required equipment</p> <ul style="list-style-type: none"> Sea Kayak with deck lines, enclosed cockpit and spray skirt Sponge Bailer Paddle, Suitable Life Jacket Helmet Water (sufficient for the paddle duration) Sunscreen, Hat, Sunglasses Whistle (Pealess) 	<p>Recommended equipment</p> <ul style="list-style-type: none"> Spare Paddle (minimum of one in the group) Tow Line Paddle Leash Nourishment for duration of trip Shoes suitable for paddling, swimming and walking on rocks
	<p>Paddlers Requirements</p> <p>Grade two Paddle only.</p>	



Alternate course and take out points:	Emergency beach landings on surf beach if necessary			
Identified hazards:	drowning	hypothermia	dehydration/hyperthermia	surf
	equipment failure	weather change	stingers & bites	capsize at sea
	exhaustion & fear	group spread	sea sickness	separation at sea
	crocodiles	shipping lanes	rocks & gauntlets	boat traffic
	fatigue	sea caves	land fauna	rough seas
	marine life	medical conditions	sunburn	paddle related injuries

QSKC Risk Management Policy	I have consulted the QSKC Risk Management Policy with regards to the management of the hazards identified above: x			
Emergency Rescue Contact:	QF6 Mooloolaba Coast Guard			
	Phone: (07) 5444 3222			
	27.88 & 27.90			
	VHF 16, 21, 67, 73, 80			
	All of these channels are monitored from 06:00 to 22:00 365/366 days per year.			
	After 22:00 through to 06:00 next day only VHF 16 is monitored.			
Communication:	Mobile	VHF Radio	whistle	
Safety equipment:	EPIRB/PLB	signal mirror	flares	torch/glow stick
	spare paddle	tow line	repair kit	first aid kit
Check of other paddlers equipment:	suitability of craft	spray skirt	Life Jacket (L50)	paddle leash
	bailing device	medication	water	footwear
Map:				