

Trip Plan

Introduction to the Sweep Roll & Tune your Roll Saturday 5th Jan 2019 Open to all Grades

Trip Leader:	Brian McCarthy		
Trip Leader Qualification:	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> (Sea Guide) <input checked="" type="checkbox"/> (Instructor)		
Phone:	0414972987		
Email:	seka535@gmail.com		
Contact Requirements:	Participants must register their interest prior to the event, and provide the Trip Leader with a contact number.		
Register by:	3 rd January 2019		
Date of trip:	5 th January 2019		
Grade of Trip:	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3		
Event Environment:	<input type="checkbox"/> Dam <input type="checkbox"/> Lake <input type="checkbox"/> Creek <input type="checkbox"/> River <input type="checkbox"/> Estuary <input checked="" type="checkbox"/> Bay <input type="checkbox"/> Ocean <input type="checkbox"/> Surf		
Brief Description of Activities:	<p>QSKC follows the Australian Canoeing Minimal Environmental Impact Practices Guideline. Refer to Club Policies on the QSKC website for further details.</p> <p>This morning is for members wanting to take part in an introduction to rolling and perhaps tune up the rolls of those that are a little rusty. Bring your morning tea and lunch, there is a fish & chip/ coffee shop at the launch area.</p> <p>For additional information please contact the Trip Leader Mobile: 0414 972 987</p>		
Meeting Time:	07:30		
Meeting Place:	IGA waterfront car park Welsby Parade Bongaree		
Departure Time:	08:00		
Duration:	Approx midday		
Distance:	N/A		
Tide Information:	N/A		
Suggested Equipment:	Required equipment <ul style="list-style-type: none"> Sea Kayak with deck lines, enclosed cockpit and spray skirt Goggles (optional) Sense of Humour 	Recommended equipment <ul style="list-style-type: none"> Warm attire for getting wet 	



Alternate course and take out points:	Paddlers Requirements			
	<p><i>New members of QSKC are required to attend an AC Basic Skills Award day prior to their first paddle, or hold equivalent AC qualifications.</i></p> <p>Open to all grades</p>			
Identified hazards:	N/A			
	<input checked="" type="checkbox"/> drowning	<input type="checkbox"/> hypothermia	<input type="checkbox"/> dehydration/hyperthermia	<input type="checkbox"/> surf
	<input type="checkbox"/> equipment failure	<input checked="" type="checkbox"/> weather change	<input checked="" type="checkbox"/> stingers & bites	<input type="checkbox"/> capsized at sea
	<input checked="" type="checkbox"/> exhaustion & fear	<input type="checkbox"/> group spread	<input type="checkbox"/> sea sickness	<input type="checkbox"/> separation at sea
	<input type="checkbox"/> crocodiles	<input type="checkbox"/> shipping lanes	<input type="checkbox"/> rocks & gauntlets	<input type="checkbox"/> boat traffic
<input type="checkbox"/> fatigue	<input type="checkbox"/> sea caves	<input type="checkbox"/> land fauna	<input type="checkbox"/> rough seas	
<input checked="" type="checkbox"/> marine life	<input checked="" type="checkbox"/> medical conditions	<input checked="" type="checkbox"/> sunburn	<input checked="" type="checkbox"/> paddle related injuries	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
QSKC Risk Management Policy	I have consulted the QSKC Risk Management Policy with regards to the management of the hazards identified above: <input checked="" type="checkbox"/> (Tick box)			
Emergency Rescue Contact:	N/A not leaving launch site			
Communication:	<input checked="" type="checkbox"/> Mobile	<input type="checkbox"/> VHF Radio	<input checked="" type="checkbox"/> whistle	
Safety equipment:	<input type="checkbox"/> EPIRB/PLB	<input type="checkbox"/> signal mirror	<input type="checkbox"/> flares	<input type="checkbox"/> torch/glow stick
	<input checked="" type="checkbox"/> spare paddle	<input type="checkbox"/> tow line	<input type="checkbox"/> repair kit	<input checked="" type="checkbox"/> first aid kit
Check of other paddlers equipment:	<input checked="" type="checkbox"/> suitability of craft	<input checked="" type="checkbox"/> spray skirt	<input checked="" type="checkbox"/> Life Jacket (L50)	<input type="checkbox"/> paddle leash
	<input type="checkbox"/> bailing device	<input checked="" type="checkbox"/> medication	<input checked="" type="checkbox"/> water	<input checked="" type="checkbox"/> footwear
Map:				