

## Trip Plan

### Manly to Green Island Sunday the 17<sup>th</sup> February 2019 Waterloo Bay

<b>Trip Leader:</b>	Ian Narborough	
<b>Trip Leader Qualification:</b>	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> (Sea Guide) <input type="checkbox"/> (Instructor)	
<b>Phone:</b>	0418789499	
<b>Email:</b>	<a href="mailto:incan@bigpond.com">incan@bigpond.com</a>	
<b>Contact Requirements:</b>	<p>Participants <b>must</b> register their interest prior to the event, and provide the Trip Leader with a contact number.</p> <p>Please contact the trip leader if in doubt. If conditions look unfavourable please check email or contact the trip leader.</p>	
<b>Register by:</b>	16 <sup>th</sup> February 2019	
<b>Date of trip:</b>	Sunday 17 <sup>th</sup> February 2019	
<b>Grade of Trip:</b>	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3	
<b>Event Environment:</b>	<input type="checkbox"/> Dam <input type="checkbox"/> Lake <input type="checkbox"/> Creek <input type="checkbox"/> River <input type="checkbox"/> Estuary <input checked="" type="checkbox"/> Bay <input type="checkbox"/> Ocean <input type="checkbox"/> Surf	
<b>Brief Description of Activities:</b>	<p><b>QSKC follows the Australian Canoeing Minimal Environmental Impact Practices Guideline. Refer to Club Policies on the QSKC website for further details.</b></p> <p><b>Leaving Manly Boat Harbour, we will cross Waterloo Bay to the Beach on the north western corner of Green Island. After a leisurely morning tea, some skills practice for those who wish to partake, we will return to Manly.</b></p>	
<b>Meeting Time:</b>	7.00 am	
<b>Meeting Place:</b>	The boat ramp on the northern side of the Moreton Bay Trailer Boat Club, Fairlead Crescent Manly.	
<b>Departure Time:</b>	7.30 am	
<b>Duration:</b>	Approx. 4.5 Hours	
<b>Distance:</b>	Approx 11 Km.	
<b>Tide Information:</b>	High Tide: 7.44 am 2.50 Meters Low Tide: 2.27 pm 0.56 Meters	
<b>Suggested Equipment:</b>	<p><b>Required equipment</b></p> <ul style="list-style-type: none"> <li>Sea Kayak with deck lines, enclosed cockpit and spray skirt</li> <li>Australian or NZ standards approved PFD/ Life Jacket (L50)</li> <li>Sponge Bailer</li> </ul>	<p><b>Recommended equipment</b></p> <ul style="list-style-type: none"> <li>Minimum of 2 Litres of water.</li> <li>Sun Protective Clothing &amp; Sunscreen.</li> <li>Insect Repellent.</li> <li>Footwear suitable for paddling.</li> <li>Food / Nourishment for duration of trip.</li> </ul>



<b>Alternate course and take out points:</b>  <b>Identified hazards:</b>  <b>QSKC Risk Management Policy</b>  <b>Emergency Rescue Contact:</b>  <b>Communication:</b>  <b>Safety equipment:</b>  <b>Check of other paddlers equipment:</b>	<b>Paddlers Requirements</b> <b><i>New members of QSKC are required to attend an AC Basic Skills Award day prior to their first paddle, or hold equivalent AC qualifications.</i></b> Paddlers should have an appropriate level of fitness. Individuals must self assess their, and their equipment's, ability to participate in this level club event and should consult the trip Leader if any aspect of their suitability requires clarification.			
	Return to Manly, Wynnum or Wellington Point.			
	<input checked="" type="checkbox"/> drowning	<input type="checkbox"/> hypothermia	<input checked="" type="checkbox"/> dehydration/hyperthermia	<input type="checkbox"/> surf
	<input checked="" type="checkbox"/> equipment failure	<input checked="" type="checkbox"/> weather change	<input checked="" type="checkbox"/> stingers & bites	<input type="checkbox"/> capsize at sea
	<input type="checkbox"/> exhaustion & fear	<input checked="" type="checkbox"/> group spread	<input type="checkbox"/> sea sickness	<input type="checkbox"/> separation at sea
	<input type="checkbox"/> crocodiles	<input type="checkbox"/> shipping lanes	<input type="checkbox"/> rocks & gauntlets	<input checked="" type="checkbox"/> boat traffic
	<input checked="" type="checkbox"/> fatigue	<input type="checkbox"/> sea caves	<input type="checkbox"/> land fauna	<input type="checkbox"/> rough seas
	<input checked="" type="checkbox"/> marine life	<input checked="" type="checkbox"/> medical conditions	<input checked="" type="checkbox"/> sunburn	<input checked="" type="checkbox"/> paddle related injuries
	<input type="checkbox"/> .....	<input type="checkbox"/> .....	<input type="checkbox"/> .....	<input type="checkbox"/> .....
	I have consulted the QSKC Risk Management Policy with regards to the management of the hazards identified above: <input checked="" type="checkbox"/> (Tick box)			
Volunteer Coast Guard VMR402, Frequencies monitored VHF 16, 67, and 73 PH 3396 5911				
<input checked="" type="checkbox"/> Mobile	<input checked="" type="checkbox"/> VHF Radio	<input checked="" type="checkbox"/> whistle		
<input type="checkbox"/> EPIRB/PLB	<input checked="" type="checkbox"/> signal mirror	<input type="checkbox"/> flares	<input type="checkbox"/> torch/glow stick	
<input checked="" type="checkbox"/> spare paddle	<input checked="" type="checkbox"/> tow line	<input checked="" type="checkbox"/> repair kit	<input checked="" type="checkbox"/> first aid kit	
<input checked="" type="checkbox"/> suitability of craft	<input checked="" type="checkbox"/> spray skirt	<input checked="" type="checkbox"/> Life Jacket (L50)	<input checked="" type="checkbox"/> paddle leash	
<input checked="" type="checkbox"/> bailing device	<input checked="" type="checkbox"/> medication	<input checked="" type="checkbox"/> water	<input checked="" type="checkbox"/> footwear	

**Map:**

