

## Trip Plan

### Introduction to the Sweep Roll & Tune your Roll Sunday 2<sup>th</sup> June 2019 Open to all Grades

<b>Trip Leader:</b>	Brian McCarthy		
<b>Trip Leader Qualification:</b>	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> (Sea Guide) <input checked="" type="checkbox"/> (Instructor)		
<b>Phone:</b>	0414972987		
<b>Email:</b>	seka535@gmail.com		
<b>Contact Requirements:</b>	Participants <b>must</b> register their interest prior to the event, and provide the Trip Leader with a contact number.		
<b>Register by:</b>	1 <sup>st</sup> June 2019		
<b>Date of trip:</b>	2 <sup>nd</sup> June 2019		
<b>Grade of Trip:</b>	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3		
<b>Event Environment:</b>	<input type="checkbox"/> Dam <input type="checkbox"/> Lake <input type="checkbox"/> Creek <input type="checkbox"/> River <input type="checkbox"/> Estuary <input checked="" type="checkbox"/> Bay <input type="checkbox"/> Ocean <input type="checkbox"/> Surf		
<b>Brief Description of Activities:</b>	<p><b>QSKC follows the Australian Canoeing Minimal Environmental Impact Practices Guideline. Refer to Club Policies on the QSKC website for further details.</b></p> <p>This morning is for members wanting to take part in an introduction to rolling and perhaps tune up the rolls of those that are a little rusty. Bring your morning tea and lunch, there is a fish &amp; chip/ coffee shop at the launch area.</p> <p>For additional information please contact the Trip Leader Mobile: 0414 972 987</p>		
<b>Meeting Time:</b>	08:30		
<b>Meeting Place:</b>	IGA waterfront car park Welsby Parade Bongaree		
<b>Departure Time:</b>	09:00		
<b>Duration:</b>	Approx midday		
<b>Distance:</b>	N/A		
<b>Tide Information:</b>	N/A		
<b>Suggested Equipment:</b>	<b>Required equipment</b> <ul style="list-style-type: none"> <li>Sea Kayak with deck lines, enclosed cockpit and spray skirt</li> <li>Goggles (optional)</li> <li>Sense of Humour</li> </ul>	<b>Recommended equipment</b> <ul style="list-style-type: none"> <li>Warm attire for getting wet</li> </ul>	



<b>Alternate course and take out points:</b>	<b>Paddlers Requirements</b>			
	<p><i>New members of QSKC are required to attend an AC Basic Skills Award day prior to their first paddle, or hold equivalent AC qualifications.</i></p> <p>Open to all grades</p>			
<b>Identified hazards:</b>	N/A			
	<input checked="" type="checkbox"/> drowning	<input type="checkbox"/> hypothermia	<input type="checkbox"/> dehydration/hyperthermia	<input type="checkbox"/> surf
	<input type="checkbox"/> equipment failure	<input checked="" type="checkbox"/> weather change	<input checked="" type="checkbox"/> stingers & bites	<input type="checkbox"/> capsized at sea
	<input checked="" type="checkbox"/> exhaustion & fear	<input type="checkbox"/> group spread	<input type="checkbox"/> sea sickness	<input type="checkbox"/> separation at sea
	<input type="checkbox"/> crocodiles	<input type="checkbox"/> shipping lanes	<input type="checkbox"/> rocks & gauntlets	<input type="checkbox"/> boat traffic
<input type="checkbox"/> fatigue	<input type="checkbox"/> sea caves	<input type="checkbox"/> land fauna	<input type="checkbox"/> rough seas	
<input checked="" type="checkbox"/> marine life	<input checked="" type="checkbox"/> medical conditions	<input checked="" type="checkbox"/> sunburn	<input checked="" type="checkbox"/> paddle related injuries	
<input type="checkbox"/> .....	<input type="checkbox"/> .....	<input type="checkbox"/> .....	<input type="checkbox"/> .....	
<b>QSKC Risk Management Policy</b>	I have consulted the QSKC Risk Management Policy with regards to the management of the hazards identified above: <input checked="" type="checkbox"/> (Tick box)			
<b>Emergency Rescue Contact:</b>	N/A not leaving launch site			
<b>Communication:</b>	<input checked="" type="checkbox"/> Mobile	<input type="checkbox"/> VHF Radio	<input checked="" type="checkbox"/> whistle	
<b>Safety equipment:</b>	<input type="checkbox"/> EPIRB/PLB	<input type="checkbox"/> signal mirror	<input type="checkbox"/> flares	<input type="checkbox"/> torch/glow stick
	<input checked="" type="checkbox"/> spare paddle	<input type="checkbox"/> tow line	<input type="checkbox"/> repair kit	<input checked="" type="checkbox"/> first aid kit
<b>Check of other paddlers equipment:</b>	<input checked="" type="checkbox"/> suitability of craft	<input checked="" type="checkbox"/> spray skirt	<input checked="" type="checkbox"/> Life Jacket (L50)	<input type="checkbox"/> paddle leash
	<input type="checkbox"/> bailing device	<input checked="" type="checkbox"/> medication	<input checked="" type="checkbox"/> water	<input checked="" type="checkbox"/> footwear
<b>Map:</b>				