


## Trip Plan

### Coochiemudlo Island

Sunday 19<sup>th</sup> May 2019

**An oldie but a goodie. Let's circumnavigate Coochiemudlo Island at high tide, play in the mangroves and enjoy a hot coffee as it might be getting a little chilly by now.**

<b>Trip Leader:</b>	Kay Varcoe		
<b>Trip Leader Qualification:</b>	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> (Sea Guide) <input type="checkbox"/> (Instructor)		
<b>at</b>	0439785932		
<b>Email:</b>	klj202035@yahoo.com		
<b>Contact Requirements :</b>	Participants <b>must</b> register their interest prior to the event and provide the Trip Leader with a contact number.		
<b>Register by:</b>	18 <sup>th</sup> of May 2019		
<b>Date of trip:</b>	19 <sup>th</sup> of May 2019		
<b>Grade of Trip:</b>	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3		
<b>Event Environment:</b>	<input type="checkbox"/> Dam <input type="checkbox"/> Lake <input type="checkbox"/> Creek <input type="checkbox"/> River <input type="checkbox"/> Estuary <input checked="" type="checkbox"/> Bay <input type="checkbox"/> Ocean <input type="checkbox"/> Surf		
<b>Brief Description of Activities:</b>	<p><b>QSKC follows the Australian Canoeing Minimal Environmental Impact Practices Guideline. Refer to Club Policies on the QSKC website for further details.</b></p> <p>This will be a leisurely paddle. We shall depart at 8.00am with the aim of reaching the mangroves on the Northern end of Coochiemudlo Island at slack tide (1 hour before high tide approximately). We shall have ample time to play and meander along the North of the Island. Our options for a coffee break are the Northshore Park, the Southshore Park (east of the boat ramp or west of the boat ramp). West of the boat ramp is closer to home but has great sandy beaches that near high tide are deep enough for some skills if anyone is keen. We can decide on the day.</p>		
<b>Meeting Time:</b>	7.30am		
<b>Meeting Place:</b>	<p><b>Orana Esplanade, Point O'Halloran (Victoria Point)</b></p> <p>At launch point</p> <ul style="list-style-type: none"> <li>• Plenty of street parking</li> <li>• No toilets</li> <li>• No taps (bring water to wash kayak/ gear)</li> <li>• No coffee shop</li> </ul>		
<b>Departure Time:</b>	8.00am		
<b>Duration:</b>	3.5 hours		
<b>Distance:</b>	10km		
<b>Tide Information:</b>	Victoria Point - High 9.52am 2.16mts    Low 4.09pm 0.36mts Brisbane Bar - High 9.38am 2.08mts    Low 3.51pm 0.35mts		

<b>Suggested Equipment:</b>	<b>Required equipment</b>	<b>Recommended equipment</b>		
	<ul style="list-style-type: none"> <li>Sea Kayak with deck lines, enclosed cockpit and spray skirt</li> <li>Australian or NZ standards approved PFD</li> <li>Sponge Bailer</li> </ul>	<ul style="list-style-type: none"> <li>Minimum of 2 Litres of water.</li> <li>Sun Protective Clothing &amp; Sunscreen</li> <li><b>Insect Repellent.</b></li> <li><b>Warm paddling gear if planning on getting wet with skills practice.</b></li> <li>Footwear suitable for paddling.</li> <li>Food / Nourishment for duration of trip</li> </ul>		
<b>-Alternate course and take out points:</b>	<b>Paddlers Requirements</b>			
	<p><i>New members of QSKC are required to attend an AC Basic Skills Award day prior to their first paddle, or hold equivalent AC qualifications.</i></p> <p>Paddlers should have an appropriate level of fitness. Individuals must self assess their, and their equipment's, ability to participate in this level club event and should consult the trip Leader if any aspect of their suitability requires clarification.</p>			
<b>Identified hazards:</b>	Alternate course is to paddle to the North of Coochiemudlo and return by the same route if circumnavigating the Island is not an option.			
	Take our points – Coochiemudlo Island North and South shore. Victoria Point, Point O'Halloran			
	<input checked="" type="checkbox"/> drowning	<input type="checkbox"/> hypothermia	<input checked="" type="checkbox"/> dehydration/hyperthermia	<input type="checkbox"/> surf
	<input checked="" type="checkbox"/> equipment failure	<input checked="" type="checkbox"/> weather change	<input checked="" type="checkbox"/> stingers & bites	<input type="checkbox"/> capsize at sea
	<input type="checkbox"/> exhaustion & fear	<input checked="" type="checkbox"/> group spread	<input checked="" type="checkbox"/> sea sickness	<input type="checkbox"/> separation at sea
<input type="checkbox"/> crocodiles	<input type="checkbox"/> shipping lanes	<input type="checkbox"/> rocks & gauntlets	<input checked="" type="checkbox"/> boat traffic	
<input checked="" type="checkbox"/> fatigue	<input type="checkbox"/> sea caves	<input type="checkbox"/> land fauna	<input type="checkbox"/> rough seas	
<input type="checkbox"/> marine life	<input checked="" type="checkbox"/> medical conditions	<input type="checkbox"/> sunburn	<input checked="" type="checkbox"/> paddle related injuries	
<input type="checkbox"/> .....	<input type="checkbox"/> .....	<input type="checkbox"/> .....	<input type="checkbox"/> .....	
<b>QSKC Risk Management Policy</b>	I have consulted the QSKC Risk Management Policy with regards to the management of the hazards identified above: <input checked="" type="checkbox"/> (Tick box)			
<b>Emergency Rescue Contact:</b>	VMR Victoria Point VMR441, Ph: (07) 3207 8717. Frequencies monitored VHF 16, 67, 73, 82 and 81			
<b>Communication:</b>	<input checked="" type="checkbox"/> Mobile	<input checked="" type="checkbox"/> VHF Radio	<input checked="" type="checkbox"/> whistle	
<b>Safety equipment:</b>	<input checked="" type="checkbox"/> EPIRB/PLB	<input type="checkbox"/> signal mirror	<input type="checkbox"/> flares	<input type="checkbox"/> torch/glow stick
	<input checked="" type="checkbox"/> spare paddle	<input checked="" type="checkbox"/> tow line	<input checked="" type="checkbox"/> repair kit	<input checked="" type="checkbox"/> first aid kit
<b>Check of other paddlers equipment:</b>	<input checked="" type="checkbox"/> suitability of craft	<input checked="" type="checkbox"/> spray skirt	<input checked="" type="checkbox"/> Life Jacket (L50)	<input checked="" type="checkbox"/> paddle leash
	<input checked="" type="checkbox"/> bailing device	<input checked="" type="checkbox"/> medication	<input checked="" type="checkbox"/> water	<input checked="" type="checkbox"/> footwear

**Map:**

