


Trip Plan

Noosa Ocean Paddle

Saturday 8th June 2019

Noosaville

Trip Leader:	Gary Forrest				
Trip Leader Qualification:	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> (Sea Guide) <input checked="" type="checkbox"/> (Instructor)		
Phone:	0429876955				
Email:	Gary.forrest1@bigpond.com				
Contact Requirements:	Participants must register their interest prior to the event, and provide the Trip Leader with a contact number.				
Register by:	7 th June 2019				
Date of trip:	8 th June 2019				
Grade of Trip:	<input type="checkbox"/> 1	<input checked="" type="checkbox"/> 2	<input type="checkbox"/> 3		
Event Environment:	<input type="checkbox"/> Dam	<input type="checkbox"/> Lake	<input type="checkbox"/> Creek		<input type="checkbox"/> River
	<input type="checkbox"/> Estuary	<input type="checkbox"/> Bay	<input checked="" type="checkbox"/> Ocean		<input checked="" type="checkbox"/> Surf
Brief Description of Activities:	<p>QSKC follows the Australian Canoeing Minimal Environmental Impact Practices Guideline. Refer to Club Policies on the QSKC website for further details.</p> <p>Grade 2 ocean paddle from Munna Point Noosaville to Alexandria Bay on Noosa Headland National Park. The Paddle will cross the Noosa River Bar and follow the coast line of the National Park to Alexandria Bay. Conditions permitting the group will land in the Bay for refreshments and skills practice before returning to Munna Point. If conditions do not allow the ocean paddle to go ahead, an alternative paddle will take place in the Noosa River. Club members wishing to further their leadership skills are invited to act as 2IC on this event, so please contact Gary Forrest if interested.</p>				
Meeting Time:	9.30 am				
Meeting Place:	In front of the Munna Point Caravan Park Russell Street Noosaville.				
Departure Time:	10.00 am				
Duration:	3.5 to 4 Hours				
Distance:	Approx. 18 Km				
Tide Information:	Low tide 06.08 am: 0.63 m High tide 11.49 am: 1.44 m @Alexandria Bay				
Suggested Equipment:	Required equipment <ul style="list-style-type: none"> Sea Kayak with deck lines, enclosed cockpit and spray skirt Australian or NZ standards approved PFD Sponge Bailer 		Recommended equipment <ul style="list-style-type: none"> Minimum of 2 Litres of water. Sun Protective Clothing & Sunscreen. Insect Repellent. Footwear suitable for paddling. Food / Nourishment for duration of trip. 		

Alternate course and take out points:	Paddlers Requirements			
	<i>New members of QSKC are required to attend an AC Basic Skills Award day prior to their first paddle, or hold equivalent AC qualifications.</i>			
	Paddlers should have an appropriate level of fitness. Individuals must self-assess their, and their equipment's, ability to participate in this level club event and should consult the trip Leader if any aspect of their suitability requires clarification.			
	Noosa River. If conditions do not allow the ocean paddle to go ahead, an alternative paddle and or skills session will take place in the Noosa River.			
	Identified hazards:			
Identified hazards:	<input checked="" type="checkbox"/> drowning	<input type="checkbox"/> hypothermia	<input checked="" type="checkbox"/> dehydration/hyperthermia	<input checked="" type="checkbox"/> surf
	<input checked="" type="checkbox"/> equipment failure	<input checked="" type="checkbox"/> weather change	<input type="checkbox"/> stingers & bites	<input checked="" type="checkbox"/> capsize at sea
	<input checked="" type="checkbox"/> exhaustion & fear	<input checked="" type="checkbox"/> group spread	<input checked="" type="checkbox"/> sea sickness	<input checked="" type="checkbox"/> separation at sea
	<input type="checkbox"/> crocodiles	<input type="checkbox"/> shipping lanes	<input checked="" type="checkbox"/> rocks & gauntlets	<input checked="" type="checkbox"/> boat traffic
	<input checked="" type="checkbox"/> fatigue	<input type="checkbox"/> sea caves	<input type="checkbox"/> land fauna	<input checked="" type="checkbox"/> rough seas
	<input checked="" type="checkbox"/> marine life	<input checked="" type="checkbox"/> medical conditions	<input checked="" type="checkbox"/> sunburn	<input checked="" type="checkbox"/> paddle related injuries
QSKC Risk Management Policy	<input type="checkbox"/>			
	I have consulted the QSKC Risk Management Policy with regards to the management of the hazards identified above: <input checked="" type="checkbox"/> (Tick box)			
Emergency Rescue Contact:	Coast Guard Noosa: VHF 16, 22, 80. "callsign Coast Guard Noosa"			
	Communication:			
Safety equipment:	<input checked="" type="checkbox"/> Mobile	<input checked="" type="checkbox"/> VHF Radio	<input checked="" type="checkbox"/> whistle	
	<input type="checkbox"/> EPIRB/PLB	<input checked="" type="checkbox"/> signal mirror	<input checked="" type="checkbox"/> flares	<input type="checkbox"/> torch/glow stick
Check of other paddlers equipment:	<input checked="" type="checkbox"/> spare paddle	<input checked="" type="checkbox"/> tow line	<input checked="" type="checkbox"/> repair kit	<input checked="" type="checkbox"/> first aid kit
	<input checked="" type="checkbox"/> suitability of craft	<input checked="" type="checkbox"/> spray skirt	<input checked="" type="checkbox"/> Life Jacket (L50)	<input checked="" type="checkbox"/> paddle leash
	<input checked="" type="checkbox"/> bailing device	<input checked="" type="checkbox"/> medication	<input checked="" type="checkbox"/> water	<input checked="" type="checkbox"/> footwear

Map:

Meeting Place: In front of the Munna Point Caravan Park, Russell Street Noosaville.

